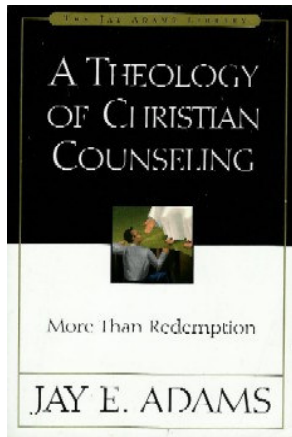


Read 'Em and Reap!

Evangelical Christian Book Reviews
Hebrews 5:14



A Theology of Christian Counseling – Jay Adams
The church has been inundated with counseling methods and theories for the past 100 years. Thanks to the likes of Freud, Jung, Skinner, Rogers, Adler and countless others the insurgence of psychology has left its mark on the church. In fact, much of Christian counseling today is little more than psychological theories dressed in Christian garb. To add to the confusion, many well meaning, respected “Christian Psychologists” have adopted many of the world’s philosophies for counseling. Psychology has usurped the role of real counseling. It is perhaps the greatest misnomer among misnomers, for the word means “study of the soul”. But to truly understand the soul, we must look to the

Authority on the soul, which is the Creator of the soul, who has given us His Word concerning the soul. Only the Bible has the real answers for what ails mankind.

That is the reason this book is so needed and so helpful. Jay Adams gives a “simplest form” definition of theology as “nothing more or less than the systematic understanding of what the Scriptures teach about various subjects...and the attempt to bring to bear upon any given doctrine (or teaching) all that the Bible has to say about it.”(p.11)

Adams scours the Scripture to systematize a method of biblical counseling. Some chapter titles include Counseling and Special Revelation, Counseling and Human Life, Counseling and Human Sin, Counseling and Habit, How Sin Affects Thinking and More Than Redemption, just to name a few.

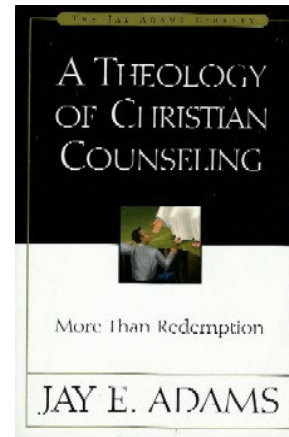
Although this book is a hefty 300 pages, it is very readable. Most of the chapters are fairly short (there are 25 chapters in the book), and Adams writes in a friendly manner, almost as if he were actually talking to you.

Each of us is called to counsel one another. This book is a great place to start in learning how to counsel your fellow brothers and sister. Other resources for learning and understanding Biblical Counseling include, How to Help People Change by Jay Adams, Instruments in the Redeemer’s Hands by Paul Tripp and Introduction to Biblical Counseling by John MacArthur and Wayne Mack. *Read ‘em & Reap!*

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